



## **FOUR CORNERS YOGA**

*presents a*

### **Yoga Workshop**

*with*



## **JOHN SCHUMACHER**

**August 8 - 13, 2010**

**(Sunday - Friday)**

**Location: Blue Lake Ranch's  
Ridgewood Event Center, Hesperus, Colorado**

**JOHN SCHUMACHER** *is a senior Iyengar instructor who has studied and practiced yoga for over 30 years. John is the founder and director of Unity Woods Yoga Center, Washington, D.C. area's largest yoga center and the biggest Iyengar Yoga center in the country. In addition to teaching at Unity Woods, John conducts workshops throughout the U.S. and abroad. The strength of his personal practice, combined with his humor and clarity, make him an extremely inspiring teacher.*