

B.K.S. Iyengar Yoga Studio of Tucson

presents
spring workshop with

Rita Lewis-Manos
March
26, 27 & 28

A unique opportunity to study with a gifted yogini.
Rita Lewis-Manos is co-director of The Abode of Iyengar Yoga
in San Francisco, and a longtime student of B.K.S. Iyengar.

All levels welcome

\$195 in advance for entire workshop

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| Friday | 6-8 p.m. <i>asana</i> | \$45 (\$55 at door) |
| Saturday | 9 a.m. - noon <i>asana</i> | \$55 (\$65 at door) |
| | 2-4 p.m. <i>restoratives</i> & <i>Pranayama</i> | \$50 (\$60 at door) |
| Sunday | 9 a.m. - noon <i>asana</i> | \$55 (\$65 at door) |

Space is limited to 25 students.
Advance registration required by March 16.
Cancellation fee \$25 until March 16.
No cancellations thereafter.

Make checks payable to:
B.K.S. Iyengar Yoga Studio of Tucson.
All classes will be held at the studio:
3400 E. Speedway, Ste. 200 ~ Rancho Center
Tucson, AZ 85716
(520) 743-7142

email : lyengartucson@msn.com

